

BVBTC Hike Schedule for July

Participant Guidelines

New hikers are welcome to join the Club's organized hikes. If you need help in how to get to the start of hike or for any other information regarding the hike, feel free to contact the hike leader.

Hike participants must be able to complete the specified length of the hike within their own ability or with help from their own support person within the time allowed.

- 1) All kms. mentioned are according to maps in Edition 29 of **The Bruce Trail Reference**.
- 2) Hike participants are expected to wear sturdy footwear.
- 3) Please arrive 10 minutes before start of hike.
- 4) Always carry I.D. and your health card.
- 5) For spring and summer hikes bring sunscreen, insect repellent and water.
- 6) **Please leave dogs at home.**

Hike Rating System

Terrain (T):

Easy: Mostly flat and good footing

Moderate: Some hills and/or some poor footing

Strenuous: Hilly with steep climbs and some poor footing

Pace (P):

Leisurely: 3 km/hr or less

Medium: 3-4 km/hr

Brisk: 4-5 km/hr

Fast: 5+ km/hr

Soup's On and Potluck

Check schedule listings for for outings that are followed by these friendly get-togethers. Choose to participate in the hike and the 'eats' or just one or the other.

Potluck participants bring a main dish or a salad or a dessert to share (minimum of 6 servings). Participants are asked to bring their own dishes, cutlery, glass and drink of choice. Hosts will provide pre-dinner snacks as well as tea and coffee. **Potlucks will be held even if outing is cancelled.**

*** Three asterisks denotes "Beyond the Beaver Valley" for hikes where we explore other club sections of the Bruce Trail.

TRAIL KMS UPDATE! Trout Hollow Trail Loop Meaford Thurs. July 5

T=Moderate (some hills). P=Medium.

Meet at 10:00 am at Beautiful Joe Park, Edwin St., Meaford for a complete loop of the historically significant Trout Hollow Trail (**14 km**). The hike will take us past a number of ruins circa 1860s – early 1900s including the sawmill site at which naturalist John Muir worked. Bring lunch. **Register with leader:** Glenda Collings 519-694-7691 or gcollings@rogers.com.

Beaver Valley End to End #5 Sat. July 7

Maps 26 & 27: T=Moderate/Strenuous. P=Medium.

Meet at 9:00 am at the John Muir Epping Lookout on Grey Rd. 7, Eric Winkler Parkway, at km 92.8 (N 44.461522°, W 80.554756°) to car shuttle to the beginning of an 18.0 km hike at the Bruce Trail parking lot on the south side of Grey County Rd 30. Bring lunch, snacks and sufficient water. **Register with leader:** Glenda Collings 519-694-7691 or gcollings@rogers.com.

*** Walters Falls Loop CANCELLED Tues. July 10

This hike is cancelled.

MEET PLACE UPDATE! Fairmount Loop Wed. July 18

Map 28: T=Moderate. P=Medium.

Meet at 10:00 am on **Sideroad 22B** on the road shoulder across from the Fairmount Side Trail entrance (km 94.3) for an 11.1 km hike. Bring lunch. **Register with leader:** Scott Thompson 519- 924-2556 or sethompson1955@gmail.com.

Beaver Valley End to End #6 Sat. July 21

Maps 27 & 28: T=Moderate/Strenuous. P=Medium.

Meet at 9:00 am on the east side of Grey Road 12, just south of the trail crossing at km 114.3 (N 44.499858°, W 80.632773°) to car shuttle to the beginning of a 21.5 km hike at the John Muir Epping Lookout on Grey Rd. 7. Bring lunch, snacks and sufficient water. **Register with leader:** Glenda Collings 519-694-7691 or gcollings@rogers.com.

Sligo to Epping Wed. July 25

Map 27: T=Moderate. P=Medium.

Meet at 9:30 am at Epping-John Muir Lookout parking lot on Grey Rd. 7, (just south of km 92.8, coordinates N 44.461522°, W 80.554756°) to carpool to the start of a 7.0 km (approx.) hike taking in the Sligo side trail. **Register with leader:** Anne McGarrigle 416-805-6808 (phone or text) or anne.mcgarrrigle6@gmail.com.

Cross The Valley Twice Sun. July 29

Map 26: T=Strenuous. P=Medium.

Meet at 10:00 am in the Beaver Valley Ski Club lower parking lot, Grey Rd. 30 (east of km 76.5) for a 13.2 km loop which crosses the valley on the Valley Crossover Side Trail in the north and the Campbell's/Graham's Hill Side Trail in the south. Bring lunch and sufficient water. **Register with leader:** Marg Yaraskavitch 705-888-7686 or margyarask@rogers.com.

North of Eugenia Tues. July 31

Map 26: T=Moderate. P=Medium.

Meet at 1:30 pm at the west end of North St., which is at the north end of Eugenia, for a 1½ - 2 hour hike. **Register with leader:** Audrey Woods-Dobie 519-538-1567.

Changes to this schedule will be posted on the Beaver Valley Club's website, highlighted in red. Check for updates at beavervalleybrucestrail.org/hikes/july.html.