BVBTC Hike Schedule for December

Participant Guidelines

New hikers are welcome to join the Beaver Valley Bruce Trail Club's organized hikes. If you need help in how to get to the start of hike or for any other information regarding the hike, feel free to contact the hike leader.

Hike participants must be able to complete the specified length of the hike within their own ability or with help from their own support person within the time allowed.

- 1) All kms. mentioned are according to maps in Edition 29 of **The Bruce Trail Reference**.
- 2) Hike participants are expected to wear sturdy footwear.
- 3) Please arrive 10 minutes before start of hike.
- 4) Always carry I.D. and your health card.
- 5) For spring and summer hikes bring sunscreen, insect repellent and water.
- 6) Please leave dogs at home.

Hike Rating System

Terrain (T):

Easy: Mostly flat and good footing Moderate: Some hills and/or some poor

footing

Strenuous: Hilly with steep climbs and some

poor footing

Pace (P):

Leisurely: 3 km/hr or less
Medium: 3-4 km/hr
Brisk: 4-5 km/hr
Fast: 5+ km/hr

The BVBTC has added unique December hikes to help earn the Falling Water Trail Triangle Badge, lead by Ruth Moffatt of the Niagara Bruce Trail Club.

Check for updates to this schedule at <u>beavervalleybrucetrail.org/hikes/december.html</u>. Remember to click the page reload button on your browser to bring up the most recent webpage!

CONTACT NUMBER UPDATED!

Sat. Dec. 1

Two Day Beaver Valley Falling Water Badge - Day One

Beaver Valley Map 26 8:30 AM: T=Strenuous. P=Brisk. Distance approximately 15 km. Day 1 will be followed by Day 2 on December 2. Park in the parking lot at Beaver Valley Ski Club on Beaver Trail road near Crossover Side Trail. Carpool to Parking lot at Hogg's Falls. Two day completion will make you eligible for Beaver Valley Falling Water triangle badge.

Register with leader: Ruth Moffatt

ruthdmoffatt@gmail.com or 905-928-7056.

Sun. Dec. 2

Two Day Beaver Valley Falling Water Badge - Day Two

Beaver Valley Map 26 8:30 AM: T=Strenuous. P=Brisk. Distance approximately 15 km. Park in the parking lot at Beaver Valley Ski Club on Beaver Trail road near Crossover Side Trail. Carpool to Parking lot at Hogg's Falls. Completion of Day 1 and Day 2 hikes makes you eligible for Beaver Valley Falling Water triangle badge.

Register with leader: Ruth Moffatt ruthdmoffatt@gmail.com or 905-928-7056.