

BVBTC Hike Schedule for August

Participant Guidelines

New hikers are welcome to join the Club's organized hikes. If you need help in how to get to the start of hike or for any other information regarding the hike, feel free to contact the hike leader.

Hike participants must be able to complete the specified length of the hike within their own ability or with help from their own support person within the time allowed.

- 1) All kms. mentioned are according to maps in Edition 29 of **The Bruce Trail Reference**.
- 2) Hike participants are expected to wear sturdy footwear.
- 3) Please arrive 10 minutes before start of hike.
- 4) Always carry I.D. and your health card.
- 5) For spring and summer hikes bring sunscreen, insect repellent and water.
- 6) **Please leave dogs at home.**

Hike Rating System

Terrain (T):

Easy: Mostly flat and good footing

Moderate: Some hills and/or some poor footing

Strenuous: Hilly with steep climbs and some poor footing

Pace (P):

Leisurely: 3 km/hr or less

Medium: 3-4 km/hr

Brisk: 4-5 km/hr

Fast: 5+ km/hr

Soup's On and Potluck

Check schedule listings for for outings that are followed by these friendly get-togethers. Choose to participate in the hike and the 'eats' or just one or the other.

Potluck participants bring a main dish or a salad or a dessert to share (minimum of 6 servings). Participants are asked to bring their own dishes, cutlery, glass and drink of choice. Hosts will provide pre-dinner snacks as well as tea and coffee. **Potlucks will be held even if outing is cancelled.**

***** Three asterisks denotes "Beyond the Beaver Valley" for hikes where we explore other club sections of the Bruce Trail.**

Duncan Crevice Caves

Wed. Aug. 8

Map 25: T=Moderate (rocky areas).

P=Medium. Meet at 9 am at the Metcalfe Crevice Side Trail parking lot on the 10th Line near km 27.9 for a 10 km loop. We will start by exploring Metcalfe Rock and then follow the Chuck Grant Side Trail west to connect with the main trail towards Pinnacle Rock. Bring snacks and sufficient water. **Register with leader:** Dianne Hamilton 705-606-0760 or diannejeanhamilton@gmail.com.

Georgian Trail

Thurs. Aug. 9

T=Easy. P=Medium. Meet at 10:00 am in the parking lot beside the Georgian Trail on Mill St. in Thornbury, for a 5 km walk west out on the Georgian trail and back. **Register with leader:** Dale Burgess 519-538-4510 or dalejohnburgess@yahoo.ca.

Margaret Paul Side Trail Loop

Sun. Aug. 12

Map 24: T=Easy. P=Medium. Meet at 1:30 pm at the parking area at the end of 6th Line, north of Grey Road 119 (km 13.7) for a 4.5 km loop hike. **Register with leaders:** Catherine Miller and Cliff Katchaluba 519-924-0660.

Hogg's Falls Upper and Lower Side Trail Loops

Wed. Aug. 15

Map 26: T=Moderate. P=Medium. Meet at 10:00 am in the Hogg's Falls parking lot (km 63.2) for an approx. 5 km hike. **Register with leader:** Scott Thompson 519-924-2556 or sethompson1955@gmail.com.

Hogg's Falls

Wed. Aug. 22

Map 26: T=Moderate. P=Medium. Meet at 9:00 am in the Hogg's Falls parking lot, km 63.2, off Lower Valley Road. We will shuttle cars to km 74.8 off of Grey Road 30 and travel south for a 12 km hike. Bring snacks and

sufficient water. **Register with leader:** Dianne Hamilton 705-606-0760 or diannejeanhamilton@gmail.com.

*** Nottawasaga Provincial Nature Reserve

Thurs. Aug. 23

Blue Mountains Map 23: T=Mod/Strenuous. P=Medium. Meet at 10:00 am at the top of the hill on 26/27 Sideroad Nottawasaga (km 37.7) for a fun morning exploring the trails, crevices and caves on the Singhampton and Standing Rock & Caves Side Trails, approx. 6 km including main trail. **Register with leader:** Glenda Collings 519-694-7691 or gcollings@rogers.com.

Webwood Falls, Seigerman ST, Fairmount ST

Sat. Aug. 25

Map 28: T=Moderate. P=Medium. Meet at 9:00 am at Epping Lookout Parking Lot on Grey County Road 7. We'll then to carpool to the start of a 9.9 km loop hike at km 100.7 on Sideroad 25, parking near the falls. We'll view Webwood Falls and then hike the Main Trail to the Siegerman Side Trail, then continue on the Main Trail to the Fairmount Side Trail and back to the cars (approx. 3 – 3.5 hrs). Bring snacks and water. **Register with leader:** Diane Breukelman 519-278-4747. Call or text.

*** The Glen

Mon. Aug 27

Sydenham Map 33: T=Moderate. P=Medium. Meet at 9:30 am in the public parking lot immediately west of Meaford Hall, to carpool to start of hike. We will hike from the Bruce Trail parking lot just west of km 129.5 back to km 119.2 (about 10.4 km). Bring a lunch. **Register with leaders:** Bruce King and Valerie Jones 519-922-2198.

Changes to this schedule will be posted on the Beaver Valley Club's website, highlighted in red. Check for updates at beavervalleybrucetrail.org/hikes/august.html.